

# Book Suggestions for Book Clubs, Bible Studies, and Children

## Adults – Foster/Adopt and Trauma Parenting Guides

- [\*\*The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma\*\*](#) by Bessel van der Kolk, MD
- [\*\*The Connected Child: Bring Hope and Healing to Your Adoptive Family\*\*](#) by Karyn B. Purvis, David R. Cross, and Wendy Lyons Sunshine
- [\*\*The Connected Parent: Real-Life Strategies for Building Trust and Attachment\*\*](#) by Karyn B. Purvis and Lisa Qualls
- [\*\*The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind\*\*](#) by Daniel J. Siegel and Tina Payne Bryson
- [\*\*The Grown-Up's Guide to Teenage Humans: How to Decode Their Behavior, Develop Trust, and Raise a Respectable Adult\*\*](#) by Josh Shipp (former foster youth)

## Adults- Foster Parent Encouragement and Stories

- [\*\*Foster the Family: Encouragement, Hope, and Practical Help for the Christian Foster Parent\*\*](#) by Jamie Finn
- [\*\*Keep the Doors Open: Lessons Learned from a Year of Foster Parenting\*\*](#) by Kristin Berry
- [\*\*Fostered: One Woman's Powerful Story of Finding Faith and Family Through Foster Care\*\*](#) by ToriHope Petersen
- [\*\*Reframing Foster Care: Filtering Your Foster Parenting Journey Through the Lens of the Gospel\*\*](#) by Jason Johnson
- [\*\*Another Place at the Table\*\*](#) by Kathy Harrison
- [\*\*A Forever Family: Fostering Change One Child at a Time\*\*](#) by Rob Scheer
- [\*\*Recipes for Risk: Finding Purpose and Passion in Foster Care\*\*](#) by Julie Mavis



## Adults- Book Club books to consider reading with a group (Fiction and Memoire)

- [Three Little Words](#) and [Three More Words](#) by Ashley Rhodes-Courter (Memoire)
- [Redefining Normal: How Two Foster Kids Beat the Odds and Discovered Healing, Happiness, and Love](#) by Justin and Alexis Black (Memoire) *\*Trigger Warning: This story contains mentions of domestic violence, trauma, sexual assault, and other difficult issues faced on the road to healing*
- [Before We Were Yours](#) by Lisa Wingate (Fiction)
- [Spilled Milk: based on a true story](#) by K.L Randis (Fiction)
- [The Language of Flowers by Vanessa Diffenbaugh](#) (Fiction)

## Adults – Bible Studies

- [Fostering Prayer: A 40 Day Guide for Foster Parents](#) by Jessica Mathisen
- [The Gift: Unwrapping God’s Design for Foster Care and Adoption](#) by Pam Parish
- [Faith to Foster](#) by Fostering Great Ideas
- [Second Mother: A Bible Study Experience for Foster and Adoptive Moms](#) by Jodi Jackson Turner
- [Thornwell’s Foster Care Bible Study](#) (see Section 8) by Thornwell

## Kids – About Foster Care

- [No Matter What: A Foster Care Tale](#) by Josh Shipp
- [The Invisible String](#) by Patrice Karst
- [Love You From Right Here: A Keepsake Book for Children in Foster Care](#) by Jamie Sandefer
- [Your Parents’ Love](#) by Abbie Mabary
- [What Makes a Family?](#) By Hannah Bruner
- [The Joy of Avery series](#) by Rhonda Wagner
- [The Stuffed Giraffe: A Foster Care Story](#) by Kimber Kaye Daley
- [Home for A While](#) by Lauren H Kerstein
- [Maybe Days: A Book for Children in Foster Care](#) by Jennifer Wilgocki
- [Families Change: A Book for Children Experiencing Termination of Parental Rights](#) by Julie Nelson
- [Kids Need to Be Safe: A Book for Children in Foster Care](#) by Julie Nelson
- [Murphy’s Three Homes: A Story for Children in Foster Care](#) by Jan Levinson Gilman

